# **Meeting Minutes**

## **RAC-G: Public Education & Injury Prevention Committee**

## Wednesday, January 15, 2025

#### Call to order

A meeting of RAC-G Public Education & Injury Prevention Committee was held via Teams link on 1/15/2025

Sign in Sheet attached identifying members in attendance and those not in attendance.

### **Approval of Previous Meeting Minutes**

Minutes from previous meeting approved as presented.

**Purpose of Meeting:** Provide collaboration opportunity for entities impacting public education and injury prevention as well as those who provide care of injured patients within RAC-G.

#### 1. Topic of Discussion

Discussion on need to see trends overtime for injury prevention planning. While we have a snap shot of top 5 for a couple of years, we did not look at all mechanisms and the trends for what is increasing/decreasing. Plan to pull 5 year trend for all mechanisms and focus on morbidity/mortality as well. Committee agrees there may be a need to drill into root cause of some MOIs once 5 year trends are identified to focus prevention education further at causes such as alcohol use in the future. Brittany will submit request for regional data to UT for regional inquiry as well ast CTMF for their data that is not included in regional registry.

#### 2. New Business

Fall prevention & MVC prevention remain our top goals for 2025 focus with goal for at least 1 event geared towards each in the region each year, though we'd love to have 2 events for each if possible. From our Fall Prevention course at the library last year, we had someone reach out who coordinates education for the Tyler Newcomers & Friends group wich is about 200 women with 50-100 in attendance at each meeting. They've requested training on 3/14. Brittany is available and planning to host training, but would love input from additional committee members. Mandy Peace, Shawn Salter, Jennifer Marshall, Stacy Shipp, Brandi Clark, & Tammy Clanton agree to assist. Brittany will send calendar invite when more information is available, but tentative time is 11:30-2.

Additional focus should be on a Fall prevention course in Longview based on RAC data dive into zip codes for injury. Brandi Clark, Longview Regional, will look at options for hosting a fall prevention course in Longview this year as well.

Additional request to look at drowning prevention by Shawn Salter during board meeting. Kevin Jones & Jennifer Marshall will form a small group to look at drowning prevention education or events that would be beneficial for this committee to talke on.

Discussion on partnering with Habitat for Humanity to provide fall prevention courses for their clients. Brittany, UT Tyler, & Brandi, Longview Regional, are both willing to work on this if Habitat for Humanity is interested. Tammy Clanton to connect with her contacts at Habitat to discuss feasibility and connect with Brittany & Brandi.

Shawn Salter suggests connecting in Mineola for fall prevention as well. Brittany brought up that Mineola does fall into the top zipcode list and while it is further down the list than where we have been focused, it likely is higher if we looked at falls per capita instead of strictly by percentage of falls in the region. Committee agrees if there is somewhere looking for a fall prevention course, we will find someone in this committee willing to teach it.

## 3. Old Business

Car Fit course from 10/30 evaulation reviewed. 2 additional course requests came out of the 10/30 offering. TX DOT will host courses between about March - June and then again in Sept-October due to weather. Committee members should be thinking of locations for spring and fall CarFit courses. There should be consideration to include our temperature display during the spring course to educate on heat related injuries that can occur when children (or adults) are left in cars without AC running.

RAC PEIP Aid request form and evaluation form were re-reviewed by the committee and approval was given to submit to RAC staff for use and posting on website.

#### 4. Action Items

Brittany - Data requests for 5 year trends & confirmation of timeline for 3/14 fall course; reach out to TX DOT regarding next CarFit course; Fall prevention aid request & evaluation to RAC staff

Brandi - look at fall prevention course options in Longview

Kevin & Jennifer - drowning prevention

Shawn - explore fall prevention course in Mineola

Tammy - connect with Habitat for Humanity, Brittany & Brandi

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5	Announcements	

Next meeting 2/19/25 @ 10 AM via TEAMS

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Secretary: Brittany Ray	Date